

CLASSIC BRITISH



Supreme Omega Salmon & Egg

Serves 6 • £29
Flaked salmon • egg • green beans • greeny grains • vinaigrette dressing
PRE-PORTIONED SERVINGS AVAILABLE



Marvellous Mixed Sandwiches

Serves 6 • £26
Mozzarella, sunblush tomato & avocado • coronation chicken • rare roast beef & cheese • flaked salmon & cream cheese



Brilliantly British

Serves 6 • £27
Coronation chicken wraps • ham & egg sandwiches • egg, Greek style cheese & smokey tomato bagels • Lemon prawn mayo & cucumber rolls



Chicken Slow Burner Salad

Serves 6 • £28
Chicken • barley lentils • fresh veggies • Greek cheese • chilli • mint • sweet chilli dressing
PRE-PORTIONED SERVINGS AVAILABLE



Slow Burner Salad

Serves 6 • £24
Barley • lentils • fresh veggies • mint • Greek cheese • chilli • sweet chilli dressing
PRE-PORTIONED SERVINGS AVAILABLE

Last minute lunch? Order before 10am for same day delivery

MEDITERRANEAN



Mixed Artisan Wraps

Serves 6 • £27
Hummus & falafel • coronation chicken • sriracha prawn & avocado • Italian chicken



Ultimate Chicken Salad

Serves 6 • £28
Chicken • mozzarella • sunblush tomato • red roast peppers • grainy greens • fresh basil • vinaigrette dressing
PRE-PORTIONED SERVINGS AVAILABLE



Chicken Tabbouleh

Serves 6 • £27
Chicken • quinoa • tomato • cucumber • avocado • mint • pistachio • pomegranate seeds • vinaigrette dressing
PRE-PORTIONED SERVINGS AVAILABLE



Mediterranean Mezze

Serves 6 • £24
Tabbouleh salad • eggs • falafel • wholemeal wraps • sunblush tomatoes • veggie salad pots



DELIVERY SLOTS START AT 11AM



CUTLERY INCLUDED



FULL ALLERGENS AVAILABLE ONLINE



SALAD TONGS INCLUDED

HEALTHY EATING



A Vegan Rainbow

Serves 6 • £24
Hummus • edamame • beetroot • pickled cabbage • carrot • greeny grains • vinaigrette dressing
PRE-PORTIONED SERVINGS AVAILABLE



Protein Power Pots

12 pots • £24
Flaked salmon, egg & edamame • Falafel & hummus • Greek cheese, beetroot & cucumber



Lighter Luxuries

Serves 6 • £29
Avocado bowls with Greek cheese & sunblush tomato salmon nori wraps • chicory leaves with chicken, rice noodles & chilli



Plant Power Sandwiches

Serves 6 • £25
Hummus & roasted peppers rolls • smashed pea, mint & Greek style cheese wraps • egg & avo on rye • mozzarella & sunblush tomato sandwiches

All orders are handmade by our chefs on the day of your delivery

NEW YORK CLASSICS



Proper Roast Beef salad

Serves 6 • £29
Premium rare roast beef • beetroot • green beans • greeny grains • crispy onions • vinaigrette dressing
PRE-PORTIONED SERVINGS AVAILABLE



Soho Baguettes

Serves 6 • £26
Mozzarella, sunblush tomatoes & avo • chicken, bacon & salad • ham & cheese • rare roast beef, cheese & rocket



Midtown Deli

Serves 6 • £26
Pastrami, cheese & gherkin on rye • smoked salmon dill bagels • BLT rolls • cheese & tomato sandwiches



Fruity Yoghurt Pots

Serves 12 • £24
Turmeric, sultanas & pistachio • acai berry, mixed berries & agave syrup • mango quinoa & almonds



Fabulous Fresh Fruit

Serves 12 • £20
Fabulous fresh fruit bananas • apples • grapes • satsumas



DELIVERY SLOTS START AT 11AM



CUTLERY INCLUDED



FULL ALLERGENS AVAILABLE ONLINE



SALAD TONGS INCLUDED

BREAKFAST

ORDER BEFORE 4PM FOR NEXT DAY DELIVERY



City Breakfast

Serves 6 • £25
Ham & cheese mini croissants • bacon & egg wraps • salmon & cream cheese bagels



Fresh french Pastries

Serves 6 • £20
Almond croissants • pain au chocolats • apricot danishes



Rise and Shine Croissants

Serves 6 • £15
Flakey buttery croissants with strawberry jam & marmalade



Energiser Bagels

Serves 6 • £24
Egg, Greek style cheese & smokey tomato bagels • bacon & egg bagels



Best Veggie Breakfast

Serves 6 • £24
Cheese & sunblush tomato mini croissants • avocado, cream cheese & chilli on rye bread • egg, Greek style cheese & smokey tomato bagels



Vitaliser Veggie Bagels

Serves 6 • £22
Egg, Greek style cheese & smokey tomato • cucumber, chilli & cream cheese



BREAKFAST DELIVERY SLOTS START AT 7:30AM



FULL ALLERGENS AVAILABLE ONLINE



NAPKINS PROVIDED

SNACKS & TREATS



Fruity Flapjacks

Serves 6 • £15
Oaty deliciousness



Naughty Little Brownies

Serves 6 • £15
Decadent & delicious



Roasted Vegetable Crisps

Serves 6 • £7



Juices

250ml • £2.29
Orange
Apple



Ginger Aid

250ml • £2.19



Dash Waters

330ml • £1.80
Cucumber
Raspberry
Lemon

See our full, delicious range of snacks, treats & drinks at pod.co.uk